

# Housing Options for Aging in Place (HOAP)

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## An Age-friendly Buncombe County (ABC) Initiative

**Vision:** All older adults living in Buncombe County have the ability and choice to age in place in order to remain safe, well and engaged in their communities.

**Strategy:** Create a comprehensive, coordinated initiative that knits together diverse stakeholders across multiple domains to effectively work toward a community where older adults have the ability and choice to age in place.

### Strategy Rationale

In just a few years, one in five residents of Buncombe County will be age 65 or older and in fewer than twenty years (by 2035) projections suggest this ratio will be closer to one in four. Yet neither the current housing stock nor the booming development of new housing matches the expressed desire among older and aging residents to age in place. According to AARP almost 90 percent of adults age 65 and over want to stay in their current home and community as they age. However, only 1 percent of the current U.S. housing stock offers the five key Universal Design features to enable aging in place. The US Centers for Disease Control and Prevention defines aging in place as *"the ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level."*

### HOAP-ABC Outcomes

1. The community recognizes and supports safe, accessible, affordable housing as a social determinant of health for older adults.
2. *New and modified policies and practices (government, organizations) support and promote affordable and accessible housing options (DRAFT)*

### Steering Team Partners

AARP; Area Agency on Aging at Land of Sky; Asheville Buncombe Institute of Parity Achievement (ABIPA); Asheville Realty Group; Buncombe County Community Engagement; Buncombe County Health and Human Services; Buncombe County Public Library; Communities for Older Adult Health; Connect Buncombe; Council on Aging of Buncombe County; Dementia Friendly WNC; FIRST; Habitat for Humanity; Land of Sky Regional Council; MAHEC Center for Healthy Aging; MAHEC Community Improvement Project; Mission Health Partners; Mountain Housing Opportunities; NC Works; OLLI at UNC-A; Pisgah Legal Services; RL Mace Universal Design Institute; Self-Help Ventures Fund; SkyHeart Consulting; The Urban News; and more!

For more information, contact Ali Climo, Coordinator, Buncombe County Aging Plan [bcncagingplan@gmail.com](mailto:bcncagingplan@gmail.com)

Type of Resource	Resource Name	Brief Summary	Website	Author/Publisher	Other info
Research Report	Housing and Health: An Overview of the Literature	How housing stability, quality, safety and affordability, as well as physical and social characteristics of neighborhoods, affects health outcomes.	<a href="https://www.healthaffairs.org/doi/10.1377/hpb20180313.396577/full/">https://www.healthaffairs.org/doi/10.1377/hpb20180313.396577/full/</a>	"Housing And Health: An Overview Of The Literature," Health Affairs Health Policy Brief, June 7, 2018. DOI: 10.1377/hpb20180313.396577	<a href="https://www.healthaffairs.org/doi/10.1377/hpb20180313.396577/full/HPB_2018_RWJF_01_W.pdf">https://www.healthaffairs.org/doi/10.1377/hpb20180313.396577/full/HPB_2018_RWJF_01_W.pdf</a>
Research Report	The Case for Healthy Places	Research based report showing the connections between place and health	<a href="http://www.pps.org/wp-content/uploads/2016/12/Healthy-Places-PPS.pdf">http://www.pps.org/wp-content/uploads/2016/12/Healthy-Places-PPS.pdf</a>	Project for Public Spaces	See pp. 21-29 for play spaces and recreation and health
Article	Nursing Homes are Closing Across Rural America	Nursing homes can't afford to stay open in many rural places; people getting moved far from families	<a href="https://www.nytimes.com/2019/03/04/us/rural-nursing-homes-closure.html">https://www.nytimes.com/2019/03/04/us/rural-nursing-homes-closure.html</a>	NY Times	
Article	Money Follows the Person Program: A Win-Win Solution but Will it Stay Around?	Provides details of savings to the federal government of the current program "Money Follows the Person" and other related details.	<a href="https://blog.aarp.org/2019/03/18/money-follows-the-person-program-a-win-win-solution-but-will-it-stay-around/">https://blog.aarp.org/2019/03/18/money-follows-the-person-program-a-win-win-solution-but-will-it-stay-around/</a>	AARP	
Research Report	2018 Home & Community Preferences Survey		<a href="https://www.aarp.org/content/dam/aarp/research/surveys_statistics/liv-com/2018/home-community-preferences-survey.doi.10.26419-2Fres.00231.001.pdf">https://www.aarp.org/content/dam/aarp/research/surveys_statistics/liv-com/2018/home-community-preferences-survey.doi.10.26419-2Fres.00231.001.pdf</a>	AARP	
Article	"A new responsibility for Children's Hospitals: The	Article about the Healthy Homes program	<a href="https://medium.com/bhpn-crosswalk/a-new-responsibility-for-">https://medium.com/bhpn-crosswalk/a-new-responsibility-for-</a>	Crosswalk Magazine	
Program	Healthy Homes Program	Children's Hospital in Columbus, OH providing interest free, forgivable loans to rehab vacant and rundown homes nearby	<a href="https://medium.com/bhpn-crosswalk/a-new-responsibility-for-childrens-hospitals-the-health-of-neighborhoods-257107d6051f">https://medium.com/bhpn-crosswalk/a-new-responsibility-for-childrens-hospitals-the-health-of-neighborhoods-257107d6051f</a>	Nationwide Childrens	
Research Report	Measuring the costs and savings of aging in place	Institutional care costs 3 times the cost of home care	<a href="https://www.huduser.gov/portal/periodicals/em/fall13/highlight2.html">https://www.huduser.gov/portal/periodicals/em/fall13/highlight2.html</a>	HUD/Office of policy development and research	
Article	"Social Isolation: Deadly to Older Adults Health and Costly to Medicare"		<a href="https://blog.aarp.org/2018/07/18/social-isolation-detrimental-to-older-adults-health-and-costly-to-medicare/">https://blog.aarp.org/2018/07/18/social-isolation-detrimental-to-older-adults-health-and-costly-to-medicare/</a>	AARP Blog	
Research Report	The Uneven Aging and "Younging" of America		<a href="https://www.brookings.edu/wp-content">https://www.brookings.edu/wp-content</a>	Brookings Institution	
Article/Guide	Universal Design	Guiding principles of UD	<a href="https://www.asla.org/universaldesign.a">https://www.asla.org/universaldesign.a</a>	ASLA	

Type of Resource	Resource Name	Brief Summary	Website	Author/Publisher	Other info
Policies/Incentives	Development Incentives for affordable & mod-income housing	S.M.A.R.T (Safe, Mixed-Income, Accessible, Reasonably-Priced, Transit-Oriented) Housing development fee waivers	<a href="http://www.austintexas.gov/page/development-incentives-and-agreements">http://www.austintexas.gov/page/development-incentives-and-agreements</a>	City of Austin, TX	
Research Report	"Housing Needs Update" for Buncombe County (a.k.a. updated "Bowen Report")	Updated demographics, housing market information and trends related to housing needs. Focused update to the comprehensive study completed in 2014.	<a href="https://www.ashevilenc.gov/wp-content/uploads/2019/06/10-Copy-of-Housing-Needs-Assessment-Asheville-Buncombe--Bowen-Report-1.pdf">https://www.ashevilenc.gov/wp-content/uploads/2019/06/10-Copy-of-Housing-Needs-Assessment-Asheville-Buncombe--Bowen-Report-1.pdf</a>	Bowen National Research	
Directory	Long Term Care Housing Directory	Includes nursing homes, CCRCs, family/adult care homes, independent living apartments, etc.	<a href="http://landofsky.org/pdf/Aging/LTC_Directory/LTC_Directory_2017_BUNCOMBE.pdf">http://landofsky.org/pdf/Aging/LTC_Directory/LTC_Directory_2017_BUNCOMBE.pdf</a>	Land of Sky Regional Council's Area Agency on Aging	Link is for Buncombe section; entire directory: <a href="http://landofsky.org/pdf/Aging/LTC_Directory/LTC_Directory_2017_A LL.pdf">http://landofsky.org/pdf/Aging/LTC_Directory/LTC_Directory_2017_A LL.pdf</a>
Directory	Senior Services Directory - Buncombe	Descriptions, contact info and categorized variety of services	<a href="https://docs.wixstatic.com/ugd/90b485_39946d56614946ddb0d2786ed4bb97d8.pdf">https://docs.wixstatic.com/ugd/90b485_39946d56614946ddb0d2786ed4bb97d8.pdf</a>	Buncombe County Council on Aging	
Organization - Regional	Area Agency on Aging (AAA)	Provides information and links to many aging resources	<a href="http://landofsky.org/aaa.html">http://landofsky.org/aaa.html</a>	Land of Sky Regional Council	